

Relay for life

Dinner/ Lunch menu

Veggie barley soup \$6

Beef chili- gluten free \$10

Vegetarian chili- gluten free \$10

Sides \$2

Shredded cheddar, Jalapeno Peppers, Sour Cream, Tomato salsa, Rice

Gluten free breads \$3

Cornbread, Banana, Pumpkin, Zucchini

Nonna's Kitchen Kale and bean salad \$15

Vegan wrap \$14

Tuna salad sandwich with lettuce and tomato on a ciabatta or multigrain bread \$14

Chicken salad sandwich with lettuce and tomato on a ciabatta or multigrain bread \$14

Pasta salad - orzo with onion, tomato, Kalamata olives, garlic and feta cheese \$15

Breakfast menu

Gluten free muffins \$3

Banana, Pumpkin, Zucchini

Breakfast wrap with bacon, eggs and cheese \$10

• Breakfast wrap with beef sausage, eggs and cheese \$10

Frittata with broccoli, peppers, eggs and feta cheese \$10

Bagels- raisin/ plain or sesame with

Cream cheese- regular or vegan \$4, Peanut butter or cashew butter \$5,
Smoked salmon and cream cheese \$10

Vegan wrap \$14

Breakfast smoothie \$10

Coffee and Tea \$2